

[1] Before We Start...

Remind yourself everyday about the things that you should not forget.

[2] Definitions:

judge

consist of

glance

jump to conclusions

clever

influence one's surroundings

dwel on...

seemingly

has a silver lining

a gift in disguise

in the first place

within

reassess

contribution

goodness

[3] Watch the presentation**[4] Read the text**

THINGS NOT TO FORGET

Don't judge so quickly. Situations and people who come into your life almost always consist of more than they appear at first glance. Jumping to conclusions without all the pieces of life's jigsaw puzzle is not clever.

Don't fill yourself with dislike or hate, irritation or anger so much that you bring gloom and darkness into the world. You are connected to everything and everybody around you. When there is a dark gray heavy cloud hanging over you, you can't help influencing your surroundings.

Don't dwell on the mistakes that you've made. Perhaps you have made some very big and bad choices in the past, but what you need to do is to learn the precious lessons that came from it, then to let go. Every seemingly negative experience we encounter in our lives has a silver lining. You just have to choose to see them, that's all. Life is long, and chances are good that these mistakes will turn out to be a gift in disguise.

Don't lose sight of the reason for doing what you do. Sometimes people are too busy running around or making efforts that they forget *why* they are even doing what they are in the first place. Look within yourself and reassess the *why* part. Is what you're doing still as important? You have the answers inside of you.

Don't let something negative that has happened become an excuse for giving up. Things happen all the time, and the important thing is to keep moving forward, doing the best that you can in every situation.

Focus on making a positive contribution to the world, and don't forget that life can be miraculous! There are endless possibilities everywhere you look, and if you live your life in a way that is full of goodness, the stars will twinkle upon you and lead you to sweet magical places.

Think about: Which of the above “things not to forget” resonate most with you?

[5] Circle the correct word:

- You are connected to everything and everybody [*in* / *around*] you.
- Every seemingly [*negative* / *positive*] experience we encounter in our lives has a silver lining.
- Don't let something negative that [*has happened* / *happening*] become an excuse for giving up.
- Focus on making a positive [*contribution* / *communication*] to the world, and don't forget that life can be miraculous!

[6] Finish the phrases:

don't judge so _____

at first _____

jumping to _____

dark gray heavy _____

don't dwell on _____

life is _____

look within _____

HINTS: glance cloud conclusions long mistakes yourself quickly

[7] Listen and fill in the blanks:

Don't _____ of the reason for doing _____

_____. Sometimes people are too busy _____

or making efforts that they forget *why* they are even doing what they are _____

_____. Look within yourself and reassess the

why part. Is what you're doing still as _____? You have the

answers _____ of you.

TODAY'S ASSIGNMENT

In pairs or in a small group, answer or do the following:

1. There are many messages in today's topic. Discuss with your partner(s) and write at least 6 things that you should not to forget. The answers can come from the these materials (this topic) OR, your answers can be completely original.

→

→

→

→

→

→

→

2. Write about a time you were influenced by someone's "aura" (a gloomy or bright one).

3. Write about a personal experience that you had that was a gift in disguise.

STUDENT NAMES & CLASS NUMBERS: